



Dementia-Capable  
**WISCONSIN**



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*May 14, 2015*

*WI Department of Health Services*

# Overview: Situation and Plan

- Population aging and Wisconsin's growing dementia population.
- Projected change through 2040.
- Wisconsin's Plan to address the needs of this growing population.
- Current status of a Dementia Capable Wisconsin.



# Increase in Wisconsin's population with dementia

- Reflects population aging.
- Is related to other chronic health problems.
- Is more rapid among Latinos and African Americans.
- Intensifies need for quality and capacity in programming.



# Increase in dementia results from population aging

- All current projections reflect rapid growth in older population.
- Number age 85+ is fastest-growing.
- Prevalence after age 85: 38 percent.
- Increased survival into very old age ***will lead to*** growing dementia in our population.

# Projected *household* population with dementia will double

**102,000**  
estimated  
household  
population with  
dementia in 2015

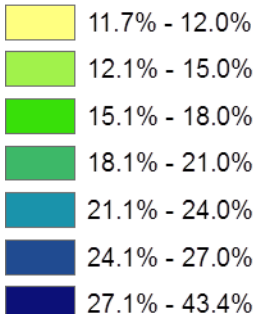
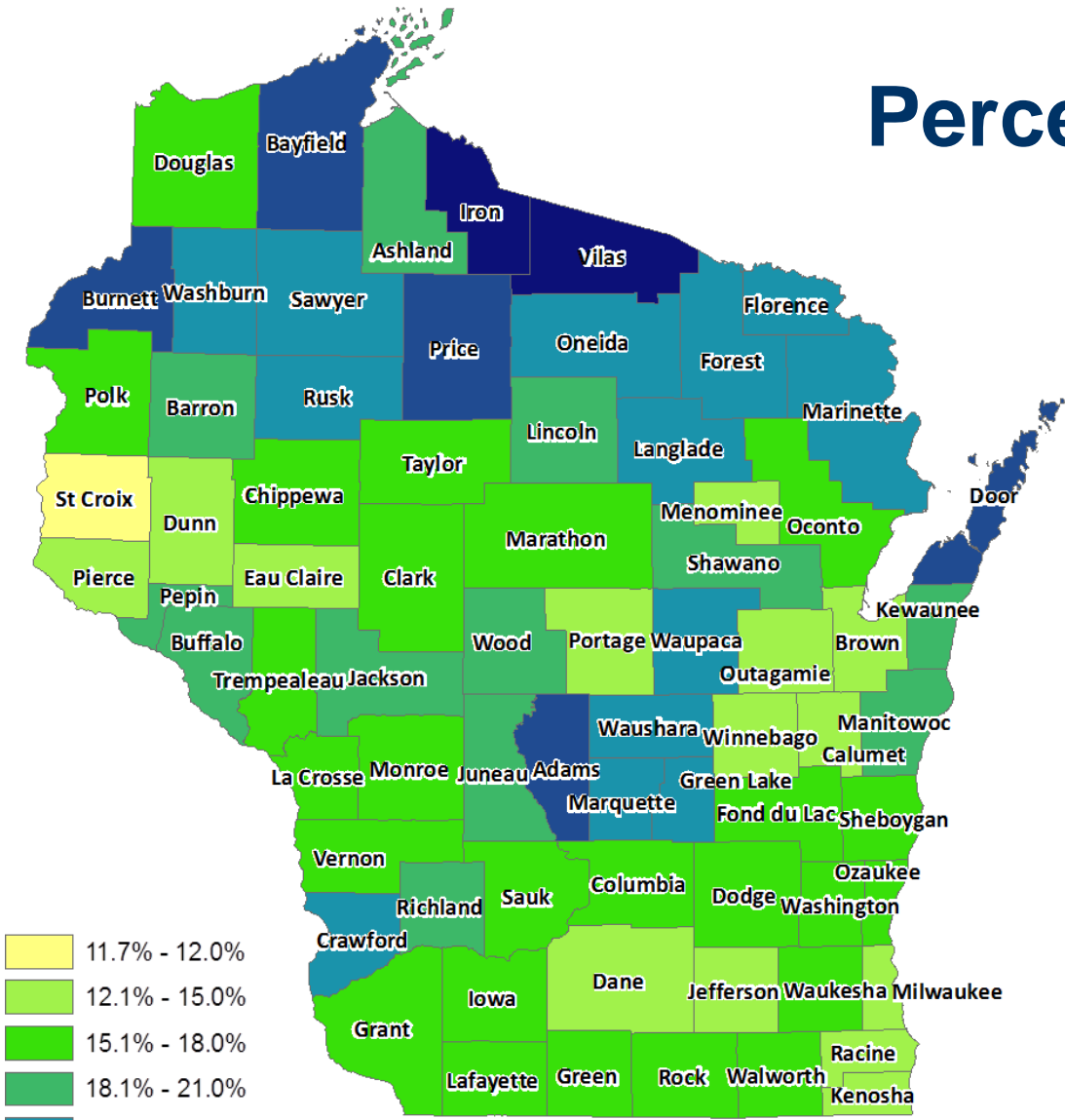


**213,000**  
household  
population  
with  
dementia in  
2040



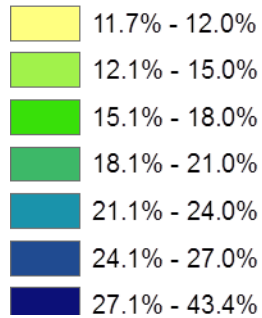
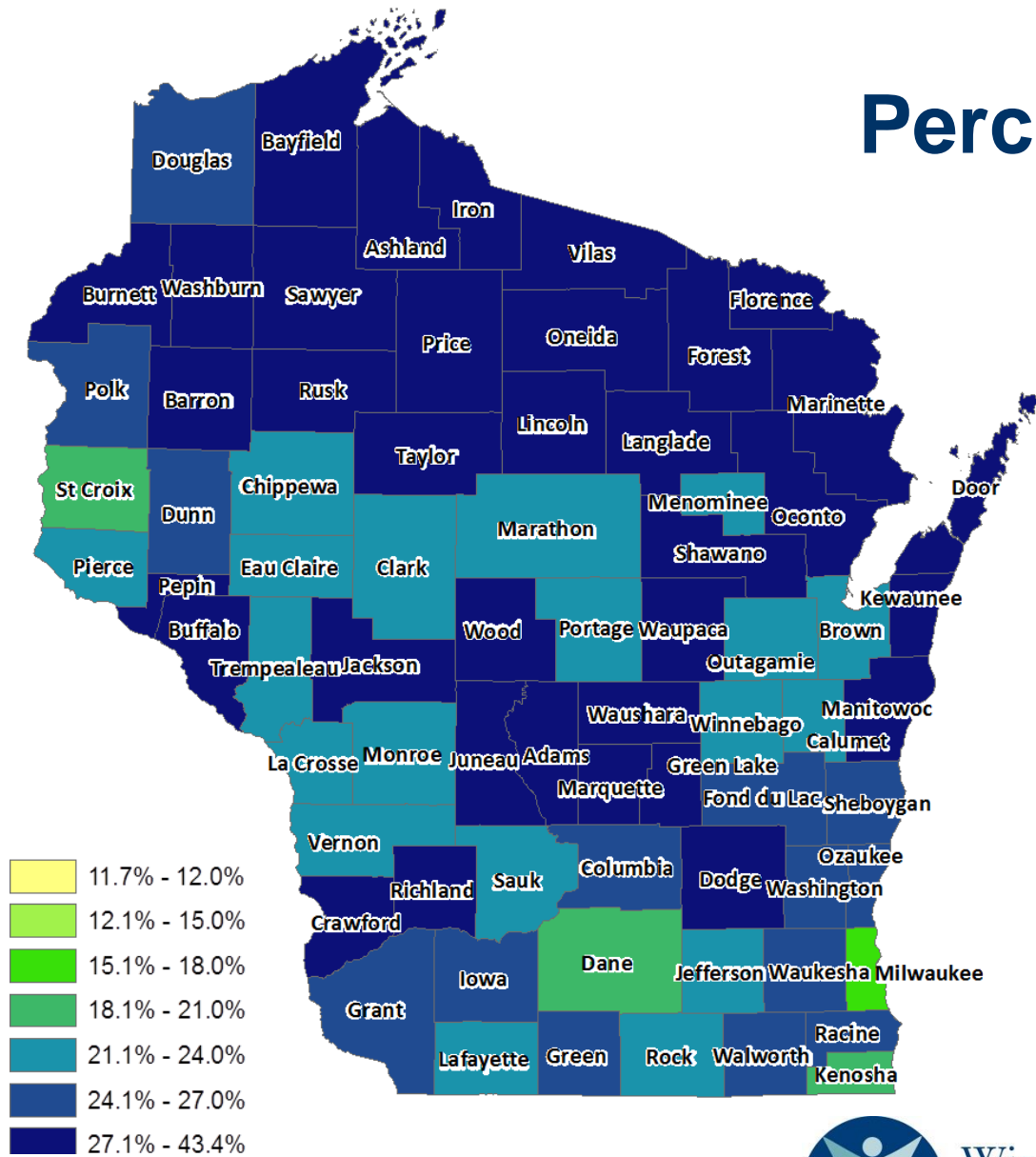
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# Percent Age 65+ 2015



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# Percent Age 65+ 2040



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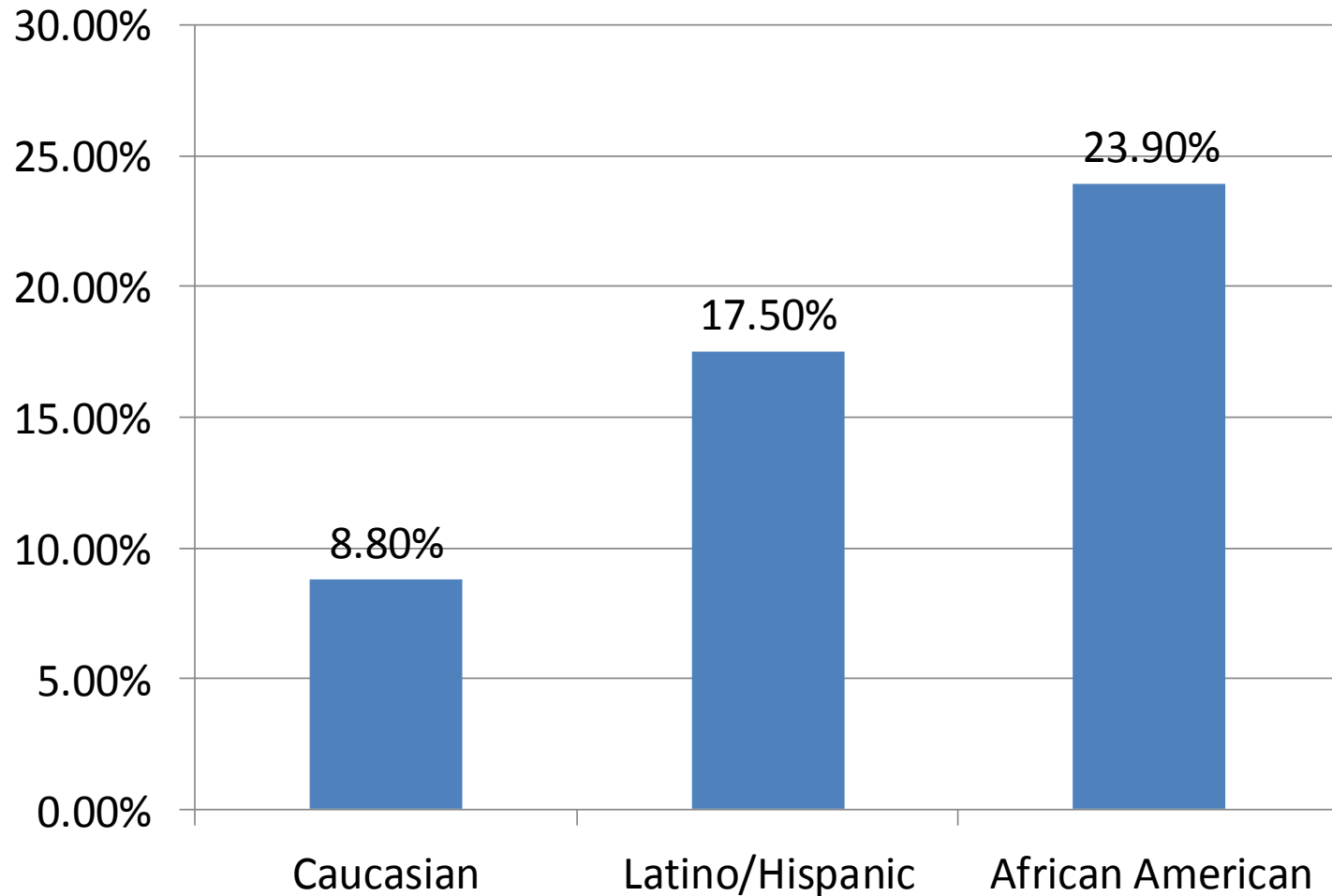
# Age-related chronic health conditions contribute:

- People are living longer because diseases like cancer are often treated and survived.
- Many remaining chronic diseases are correlated with dementia:
  - Heart disease
  - Hypertension
  - Obesity
  - Diabetes
- Chronic health disparities may explain differences across ethnic groups.





## Percent of People Age 65+ with Cognitive Impairment



# ***Result: Intensified need for quality and capacity***

- The Department of Health Services is committed to improving the way people with dementia are cared for in Wisconsin.
- ***Mission***: to provide appropriate, safe and cost-effective care to all people with dementia throughout the course of the disease.

# DHS planning process and timing

- Stakeholder Summit creates priorities for dementia redesign plan.
  - DHS publishes Dementia System Redesign Plan.
  - DHS and partners hold Listening Sessions in 5 Wisconsin communities.
  - DHS publishes Milestones detailing progress on Plan objectives.
- October 2013
  - February 2014
  - July 2014
  - February 2015



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# Five key focus areas: Dementia Capable Wisconsin Plan

- Community Awareness and Services.
- Facility-Based Long Term Care.
- Crisis Stabilization for People with Dementia.
- Dementia Care Guiding Principles and Training.
- Research and Data Collection.

# Goals of *Community Awareness and Services* Focus Area

- Increase understanding and awareness of dementia.
- Expand early identification and intervention.
- Provide support for family caregivers.



# Projects: *Community Awareness*

- Dementia Care Specialists.
- MCO Dementia Leads.
- Dementia Friendly Communities.
- Caregiver Support Projects.
- Innovative Services Projects.

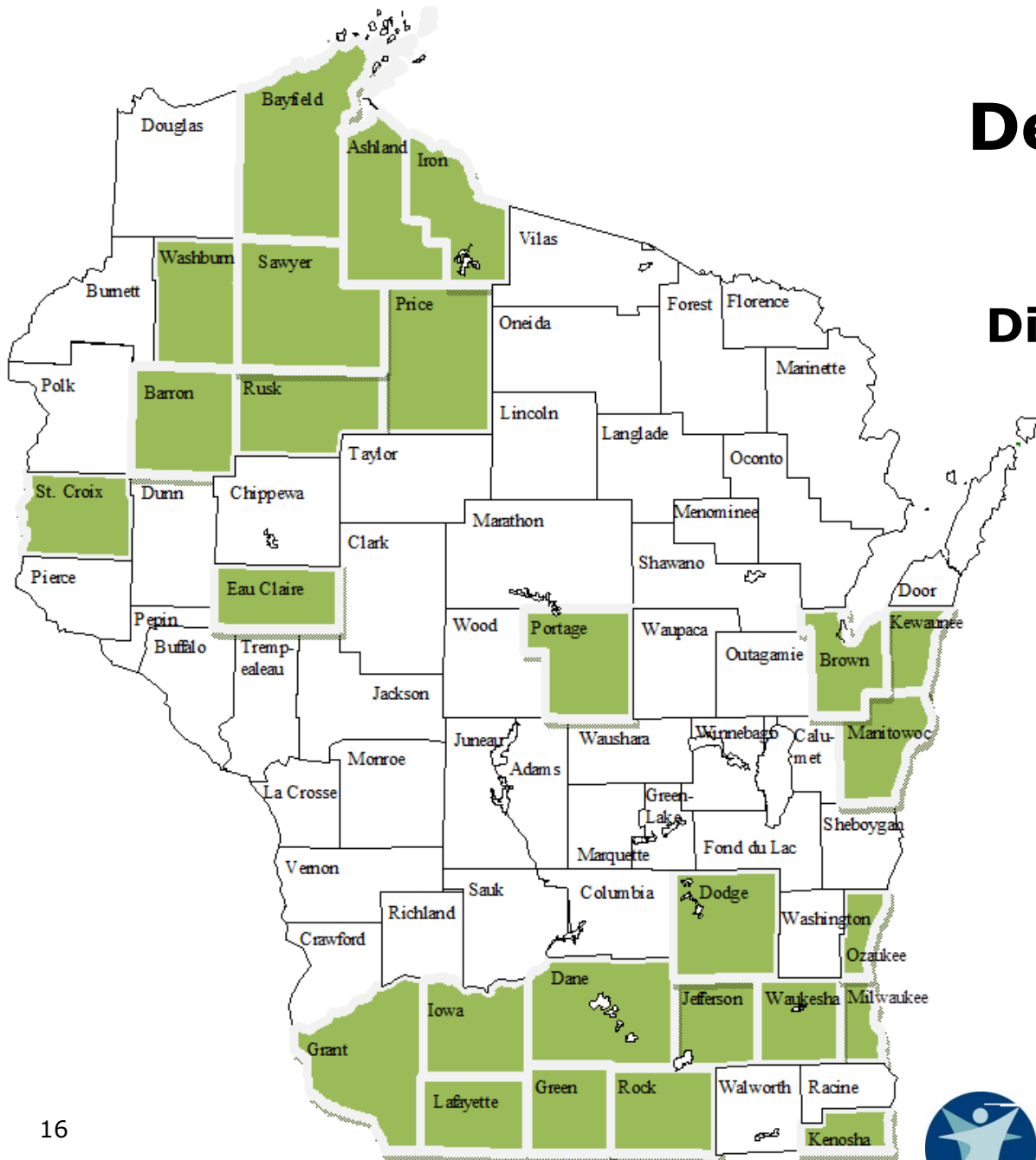


# Dementia Care Specialists (DCS)

- ***Aging and Disability Resource Center DCS (18)***
- ***Tribal DCS (3) beginning June 1***
  - Cognitive screening.
  - Outreach to doctors.
  - Family caregiver support.
  - Dementia-Friendly Communities initiatives.
  - Outreach and community education.



# Dementia Care Specialists in Aging and Disability Resource Centers 2015





# Managed Care Organization Dementia Leads

- Monitor MCO and provider competency and capacity for working with people with dementia.
- Provide cognitive screening for members.
- Creating guidelines for cognitive screening expectations for staff (June, 2015).



# Dementia Friendly Communities

## In a dementia-friendly community, all people can:

- Find their way around and be safe.
- Access local facilities they are used to and where they are known (banks, shops, cafés, cinemas and post offices).
- Maintain social networks and continue to feel they belong.



# Dementia Friendly Communities Projects in Wisconsin

- DHS and AARP held three ***Tele-Town Halls*** with 42,000 participants.
- DHS published Toolkit: Building Dementia Friendly Communities.
- Local county and city projects collaborate with outreach and mutual support.
- DHS announced Dementia Friendly Communities Award to ***Fox Valley Memory Project.***

# Caregiver Support Projects

- Alzheimer's Family Caregiver Support Program and National Family Caregiver Support Program.
- Evidence-based Caregiver Programs:
  - Memory Care Connections.
  - Savvy Caregivers.
  - Powerful Tools for Caregivers.



# Caregiver Support Projects

- Dementia-Friendly Employer Toolkit (expected June, 2015).
  - Increasing employer awareness of caregiving.
  - Promoting flexible employee support.
- ***Share the Care*** for people living alone.
  - Coordinating support by neighbors and friends.
  - Broadening base of community support.

# Innovative Community Projects

- Department of Public Instruction curriculum for middle school health classes:
  - Pilot project at Clark Street School.
  - Partnership with ***Music & Memory*** project.
  - Plan to release for 2015-16 school year.



# Innovative Community Projects

- Programs for people with developmental/intellectual disabilities who develop dementia.
- Program collaboration with communities of color:
  - DCS serving African American communities in Milwaukee, Dane Counties
  - Tribal Dementia Care Specialists.
  - Memory Care Connections.
  - Music and Memory in Tribal Communities.



# Goals of *Facility Based Long-Term Care* Focus Area

- Address barriers that deter some care facilities from admitting and providing ongoing care for residents with dementia-related behaviors.
- Promote improved quality of dementia care in facility settings.
- Promote dementia-friendly facility designs.





# Projects: *Facility Based Long-Term Care*

- Published “Assisted Living Strategies to Enhance Resident Care.”
- Drafted “Nursing Home Strategies to Enhance Resident Care.”
- Created dementia-friendly facility design “modernization” incentives.
- Visited nursing facilities, documenting and cataloging promising practices.
- Expanded Music & Memory Program.



# Wisconsin's *Music & Memory* Program

- Certified 250 Wisconsin nursing homes as MUSIC & MEMORY facilities.
- Provided 3,000 nursing home residents with equipment for personalized music.
- Engaged UW-Milwaukee Helen Bader School of Social Welfare to evaluate impact on behaviors and on use of antipsychotic medications.
- Started project adaptations for assisted living facilities, family home settings, and Tribal communities.



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MUSIC & MEMORY PROGRAM

[www.dhs.wisconsin.gov/music-memory/](http://www.dhs.wisconsin.gov/music-memory/)



# Goals of *Crisis Stabilization*

## Focus Area

- Establish baseline information about status of crisis response system.
- Expand capacity for crisis response, stabilization, and placements.
- Clarify procedures for emergency protective placement.

# Projects: *Crisis Stabilization*

- Conducted survey about Mobile Crisis program hours of service, dementia expertise, and collaborative relations.
- Conducted survey to learn about county procedures for Emergency Protective Placements.
- Researched and documented local initiatives to improve crisis response for people with dementia.



# Goals of *Guiding Principles and Training Focus Area*

- Catalog and publicize existing dementia care training programs.
- Develop voluntary dementia care Guiding Principles for caregivers, providers and other professionals.
- Provide additional training opportunities relating to dementia care.



# Projects: *Guiding Principles and Training*

- Drafted *Guiding Principles of Dementia Care* (expected May, 2015).
- Drafted directory of dementia-related training resources (expected June, 2015).
- Developed on-line trainings:
  - Crisis Response
  - Dementia Generalist for Health Care Providers
  - Dementia Generalist for Friends and Family Caregivers



# Goals of *Data and Research*

## Focus Area

- Assist Implementation Teams in collecting and analyzing information about their topics.
- Develop and implement a data collection plan to facilitate quality measurement and fiscal outcomes of projects.
- Inventory providers of dementia care.



# Projects: *Research and Data Collection*

- Created activity reporting system for Dementia Care Specialists.
- Administered surveys to assess current county and facility practices.
- Developed systems-level dashboard to help monitor impact of Dementia System Redesign efforts across all projects.
- Created custom analyses of data on issues of interest to other project teams.



# Overall Goals for the Future of Dementia Care in Wisconsin

- Increased community awareness and decreased stigma.
- Strong services network to support family and community caregivers.
- Enhanced dementia capability across full spectrum of care settings throughout course of disease.
- An infrastructure that responds appropriately to crisis, reducing the need for institutional placement.





## Watch the website!

Check in for updates, pose questions and make comments about the redesign project at

[www.dhs.wisconsin.gov/dementia](http://www.dhs.wisconsin.gov/dementia)



## Join the Listserv!

Sign up to get emailed notifications and updates about the redesign project at

[www.dhs.wisconsin.gov/dementia/listserv.htm](http://www.dhs.wisconsin.gov/dementia/listserv.htm)



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