

# Formulation of Risk

Past 3  
Lifetime months Current **Long-term risk factors**  
   Abuse(sexual, physical, verbal)  
   Family/friend death by suicide  
   Past psychiatric hospitalizations  
   Untreated mental illness  
   Mental health diagnosis:  
   Incarceration  
   Other:

**Impulsivity/self-control**  
   Substance use  
   Substance abuse  
   Substance dependence  
   Substance withdrawal  
  
   Poor impulse control  
   Unpredictable acts  
   Other:

### **Suicidal behavior**

Complete C-SSRS

**Identifiable stressors**  
   Recent loss (Job, relationship, etc)  
   Socially isolated  
   Significant negative event  
   Incarceration  
   Homelessness  
   Financial  
   Environmental  
   Health issues  
   Physical pain  
   Other:  
  
   Other risk factors:

Past 3  
Lifetime months Current **Clinical presentation**  
   Depressed mood  
   Loss of interest  
   Hopeless  
   Helpless  
   Anxious  
   Lack of orientation  
   Hallucinations  
   Paranoia  
   Agitation  
   Aggressive  
   Uncooperative  
   Motor retardation  
   Unusual thought content  
   Panic attack  
   Affect:  
   Impaired decision-making  
   Hostile/violent  
   Other:

### **Engagement and reliability**

Collaborative  
   Cooperative  
   Reliable reporter  
   Mental health treatment  
   Other:

**Protective factors**  
   Identifies reasons for living  
   Supportive social network and/or family  
   Responsibility to others  
   Fear of dying  
   Engaged in school or work  
   Other protective factors:

**Risk status: (compared to others in stated population)**

---

---

---

---

**Risk state: (compared to their own baseline)**

---

---

---

---

**Other Notes:**

---

---

---

---